

ACADEMIC
STANDARDS

INTRODUCTION: Students who leave school before reaching the university level generally do it because they were behind academically at a given point in their educational career. Very often, falling behind starts at the elementary school level. To avoid this from happening to our children, as parents, we must know what the school standards and teacher expectations and goals are for each grade level.

QUESTIONS FOR REFLECTION: Do you know students who are academically behind? How did you become aware of this problem? Who did you compare them with to determine that they were behind? How do children feel when they don't understand the teacher's lesson? How do they behave with other students? Is it possible to help them?

EACH SCHOOL GRADE HAS ITS OWN GOALS

Staying at grade level is the objective. As parents, we have the right and responsibility to know what the goals and objectives are for our children's grade level. Knowing what these objectives are will help us to not only detect when they are falling behind, but will also give us an indication of what area(s) they might need help with at home.

THE CREATION OF ACADEMIC STANDARDS

School districts have started to create academic standards to help teachers and parents guide the child's learning process in such a way that by the end of the school year it can be evaluated by the same teachers and parents. Many states, counties and districts have created such standards. Following, you will find some examples:

READING:

Kindergarten: Knows page sequence from left to right. Knows the sounds of the letters of the alphabet.

First Grade: Reads familiar materials aloud: deciphers unknown words by using pictures, sounds, etc., corrects himself or herself while reading; knows and reads frequently-used words without difficulty.

Fifth Grade: Uses reading strategies: phonics, context, illustrations and sentence structure to get meaning from text.

Seventh Grade: Reads and comprehends challenging materials including fiction and non-fiction. Identifies author's purpose and understands figurative language.

WHAT PARENTS CAN EXPECT FROM 9th - 12th GRADE READING

- Explains in-depth connections between selected text and the real world.
- Reflects on reading to make inferences about human nature.
- Employs strategies such as evaluations and interpretations to analyze a variety of literary types.

These are only a few examples of standards that are used to measure the development of students in schools.

PARENTS' ROLE

Parents are the school's partners in their children's education. As good partners they should be informed about each one of the school's objectives and standards.

To prevent or to recognize when a student is falling behind academically, parents should:

1. **Become familiar with the academic standards of the district and the school.** At the beginning of the school year, ask your child's teacher for a copy of the objectives for each one of the subjects for that year.
2. **Monitor regularly your child's progress.** Through the course of the year, your child should be making progress towards meeting the established objectives. If the student is not making progress, make an appointment with the teacher to discuss the possible causes. Visit your child's classroom on a regular basis to track their progress.
3. **Provide the necessary support.** It is important that parents follow faithfully the recommendations of the teachers in order to help their children overcome any academic difficulties. Some of these recommendations may be to limit the amount of time they watch television, go to the library on a regular basis, ask your child to read aloud every day, or have them repeat the multiplication tables to you, etc.
4. **Be persistent.** When students are far behind, it is very important to not give up. The child may get discouraged; the teacher may get discouraged, but you are the only person that should not get discouraged. Continue to encourage your child to reach the level that they should be at for his or her grade level.
5. **Seek professional help if necessary.** Sometimes it is necessary for parents to seek the help of professionals, such as psychologists, advisors or tutors to help a child that is behind in school. The sooner you intervene, the easier it is to bring your child up to speed.



SIGNS STUDENTS SHOW WHEN THEY ARE BEHIND ACADEMICALLY

We don't need to be teachers to know when a student has fallen behind in school. Some of the signs that we see are the following:

- **Lack of interest in school and homework** -Some parents mistaken this sign for "laziness". They complain that their children are lazy but they do not know that in reality their children do not understand the subject taught by the teacher and prefer to say they are not interested in school.
- **Difficulty with homework** - A child that spends a lot of time trying to understand the homework and ends up not doing it, may be falling behind. Some of these students begin to lie to their parents by saying that they were not assigned any homework to avoid the frustration of trying to do it.
- **Lack of participation in school activities.** – It is common for a student that has fallen behind to not show any interest in participating in academic activities where his or her situation may become evident.
- **Miss school frequently.** - Very often, students who are struggling in class are frequently absent. This happens particularly with older students who can come up with complicated stories to keep their parents from finding out.

Did you know that...

- A high percentage of students in fourth grade are behind in their reading level?
- The most crucial years for the academic success of your child are the years between birth and third grade?
- Children, whose parents visit the school regularly, are the students who perform better academically?



Students want to be successful in school

How to put these ideas to work...

IN ORDER TO PREVENT YOUR CHILD FROM FALLING BEHIND ACADEMICALLY, YOU SHOULD....

- Know what the norms and standards are for your child's grade level.
- Make an appointment with the teacher. During this meeting, obtain a detailed description of the objectives for the current school year. If the teacher does not give you a copy of such objectives, ask in the school office or in the district's office.
- Sit down with your son when he is doing his homework and observe his attitude. Is he interested? Does he know the subject matter? Is he frustrated or distracted? Is it too easy or too difficult for his level?
- Visit your child's classroom during school hours. Ask permission to observe or simply volunteer for one or two hours to help the teacher. By doing this, you will be able to assess what level your child is at in comparison with the rest of the class.
- If your child needs help, use the resources that the school offers or ask where you can access these resources outside of the school. Many schools offer tutoring for children that are having difficulty in certain subjects. Visit those tutoring classes in order to observe their structure and effectiveness.
- Schedule monthly meetings with your child's teacher to review his/her progress. With the teacher's help, prepare an action plan to know exactly how you can support your child's efforts. Never miss these monthly meetings.

REMEMBER:

**“It is better to be prepared than to regret not acting...”
The sooner you start to monitor your children's progress,
the fewer problems they will have in the future!**

Materials based on the Parent Institute for Quality Education Program in California

တၢ်မၤလိလံာ်ခိၤလဲၢ်ခိၤ အတိၤပတီၢ်တဖၣ်

တၢ်ကတိၤလၢညါ - ပုၤကွၢ်ဖိတဖၣ်လၢအဟးထီၣ်ကွၢ်လၢကွၢ်တချုးတုၤဖှၣ်ဖိမိၤအပတီၢ်န့ၣ်မ့ၢ်လၢအဝဲသ့ၣ်အတၢ်မၤလိလံာ်လဲၢ်တကပၤန့ၣ်အိၣ်တၢ်တၢ်လၢအပတီၢ်လၢတၢ်ဟံးန့ၣ်အိၣ်အလီၢ်ခဲန့ၣ်လီၤ. အါဒၣ်တၢ်တက့ၢ်, အိၣ်လီၤတၢ်တၢ်ဝဲဖဲအစးထီၣ်လၢတီၤဖှၣ်ကွၢ်အပတီၢ်န့ၣ်လီၤ. လၢတၢ်ကဟးဆဲးဒီးသိးတၢ်သ့ၣ်တဖၣ်အံၤတကဲထီၣ်ဒီးပဖိအဂီၢ်, ဒ်ပမ့ၢ်မိၢ်ပၢ်တဖၣ်အသိး, ပကဘၣ်သ့ၣ်ညါကွၢ်အတိၤပတီၢ်ဒီးကွၢ်သရၣ်တဖၣ်အတၢ်မ့ၢ်လၢကွၢ်ဖိဒီးတၢ်ပညိၣ်တဖၣ်လၢအတိၤပတီၢ်ကိးတိၤဒဲးအဂီၢ်န့ၣ်လီၤ.

တၢ်သံကွၢ်လၢတၢ်ခိၤဆါအဂီၢ် - မ့ၢ်န့ၣ်ညါအဝဲသ့ၣ်အိၣ်တၢ်လၢအတၢ်မၤလိအလီၢ်ခဲတဂၤဂၤန့ၣ်ခါ. မ့ၢ်န့ၣ်ညါတၢ်ကိတၢ်ခဲအံၤဒ်လဲၣ်. မ့ၢ်န့ၣ်ညါအဝဲသ့ၣ်ဒီးမတၤလၢနကဆါတၢ်အိၣ်လၢအဝဲသ့ၣ်အိၣ်တၢ်လၢတၢ်လီၢ်ခဲန့ၣ်လဲၣ်. ဖဲကွၢ်ဖိတဖၣ်တနၢ်ပၢ်ကွၢ်သရၣ်အတၢ်မၤလိအခါကတူၢ်ဘၣ်ဝဲဒ်လဲၣ်.အဝဲသ့ၣ်ပၢ်သ့ၣ်ပၢ်သးဒီးဖိသ့ၣ်အဂၤတဖၣ်ဒ်လဲၣ်လၢတၢ်ကမၤစၢၤအိၣ်အဂီၢ်ကဲထီၣ်သ့ကစီၤခါ.

ကွၢ်အတိၤပတီၢ်တပတီၢ်စ့ၣ်စ့ၣ်အိၣ်ဒီးအကစၢ်အတၢ်ပညိၣ်ဒၣ်ဝဲလီၤ.

တၢ်အိၣ်ဖဲတိၤအပတီၢ်တဖၣ်မ့ၢ်ဝဲတၢ်ကွၢ်ဖိန့ၣ်လီၤ. ဒ်မိၢ်ပၢ်တဖၣ်အသိး, ပအိၣ်ဒီးတၢ်ခွဲးတၢ်ယၢ်ဒီးမူဒါလၢပကသ့ၣ်ညါတၢ်ပညိၣ်ဒီးတၢ်ကွၢ်ဖိမနုၤတဖၣ်အိၣ်ဝဲလၢပဖိတဖၣ်အတိၤပတီၢ်အဂီၢ်လဲၣ်န့ၣ်လီၤ. ခိၤဖျိတၢ်သ့ၣ်ညါတၢ်ပညိၣ်တဖၣ်အယိ, ကမၤစၢၤပုၤလၢပကယုသ့ၣ်ညါဖဲအဝဲသ့ၣ်တဖၣ်အိၣ်တၢ်လၢပုၤဂၤအလီၢ်ခဲ, တကးဘၣ်ဒုးထံၣ်စ့ၣ်ကိးပုၤလီၢ်ကဝီၤ (တဖၣ်) လၢအဝဲသ့ၣ်လိၣ်ဘၣ်ဝဲလၢဟံၣ်ပုၤန့ၣ်လီၤ.

တၢ်ဒုးအိၣ်ထီၣ်တၢ်မၤလိလံာ်လဲၢ်အတိၤပတီၢ်တဖၣ်

ကွၢ်ဟီၣ်ကဝီၤတဖၣ် စးထီၣ်ဒုးအိၣ်ထီၣ်တၢ်မၤလိလံာ်လဲၢ်အတိၤပတီၢ်တဖၣ်လၢ ကမၤစၢၤကွၢ်သရၣ်တဖၣ်ဒီးမိၢ်ပၢ်တဖၣ်လၢကန့ၣ်လီၤဖိသ့ၣ်အတၢ်မၤလိအကျိၤအကျဲၤကျဲၤလၢဖဲန့ၣ်ကတၢ်န့ၣ်ကဘၣ်တၢ်သမံသမိးထံအီၤလၢကွၢ်သရၣ်တဖၣ်ဒီးမိၢ်ပၢ်တဖၣ်န့ၣ်လီၤ. ကီၢ်စဲၣ်တဖၣ်, လီၢ်ကဝီၤဒီးထံၣ်တဖၣ်ဒီးကီၢ်ရၣ်ဟီၣ်ကဝီၤတဖၣ်ဒုးအိၣ်ထီၣ်သကိးဝဲတၢ်အတိၤပတီၢ်တဖၣ်န့ၣ်လီၤ. လၢလၢအံၤနကထံၣ်တၢ်အဒိတနီၤန့ၣ်လီၤ.-

တၢ်ဖးလံာ် -

တီၤဖိသ့ၣ်ကွၢ် - သ့ၣ်ညါဝဲလံာ်ကဘျးပၤတဖၣ်အတၢ်ရဲၣ်လီၤအသးဆူအစ့ၣ်ဒီးဆူအထွဲန့ၣ်လီၤ. သ့ၣ်ညါဝဲလံာ်မဲၢ်ဖျါတဖၣ်အကလုာ်သိၣ်ဒ်လဲၣ်န့ၣ်လီၤ.

တတီၤ - ဖးတၢ်ပိးတၢ်လီၤလၢအသ့ၣ်ညါညိၣ်န့ၣ်ဝဲတဖၣ်အမံၤသ့, ပၢ်ဖျါထီၣ်လံာ်မဲၢ်ဖျါလၢတသ့ၣ်ညါဝဲတဖၣ်အခိပညိၣ်သ့ခိဖျိတၢ်စူးကါ, တၢ်ဂီၤ, တၢ်ကလုာ်ဒီးအဂၤတဖၣ်, ဖဲအဖးလံာ်အခါဘျီဘၣ်လီၤကွၢ်အတၢ်ကမၢ်, သ့ၣ်ညါဒီးဖးဝဲလံာ်မဲၢ်ဖျါလၢအစူးကါညိၣ်န့ၣ်ဝဲတဖၣ်လၢတအိၣ်ဒီးတၢ်ကိတၢ်ခဲဘၣ်န့ၣ်လီၤ.

ယံတီ - စူးကါတံဖးလံအကျါအကျဲတဖှ်, တံကလုာ်သိင်တဖှ်, တံကတိအမဲာ်ညါအလီာ်ခံအတံဆဲးကျါလိာ်သး, တံဂီတံဖိာ်ဒီးလံကျါအတံဆီလီသးလါအကဒီးန့တံကတိအခိပညီလါလံပူန့လီ.

နွံတီ - ဖးဒီးသ့ညါန့ပာ်လံလါလါအကီတဖှ်လါအပုာ်ယုာ်ဒီးလံတံလဲမုာ်န့ဒီးလါအတမ့ာ်တံဂံနီကီတဖှ်န့လီ. ဟံဖျါထီာ်ပုာ်ကွဲးလံအတံပညိာ်တဖှ်ဒီးန့ပာ်ဝဲတံကတိအဖျါာ်တဖှ်လါအဟံဖျါထီာ်တံအဒိအတံတဖှ်န့လီ.

ကွဲဖိမိာ်ပာ်တဖှ်မုာ်လံတံမနုာ်သ့လါ ၉ တီ - ၁၂ တီတဖှ်အတံဖးလံဖးလံန့လဲာ်.

- ရဲပုးတံဆဲးကျါလါလံကျါတဖှ်လါတံယုထာ်စာအီဒီးတံနီကီတဖှ်
- ဟ့ာ်တံထံာ်ခိဆာ်ဘုာ်ဖးတံဖးလံဖးလံဒီးဒုးဘုာ်ထါက့အီဒီးပုာ်ကညီအန့ဆာ်န့လီ.
- ဒုးအိာ်ထီာ်တံမအကျါအကျဲတဖှ်ဒ်အမ့ာ် တံသမံသမိးထံတံဒီးတံကျိာ်ထံတံလါကပဲာ်ထံနီဖးလံလံအကလုာ်ကလုာ်န့လီ.

တံအတီပတီအဒိဖိအိာ်ဝဲထဲဒ်တနီလါတံစူးကါအီလါကထီာ်တံဝဲထံသံတဖှ်အတံလဲထီာ်လဲထီလါကွဲတဖှ်အပူန့လီ.

မိာ်ပာ်တဖှ်အသနာ်

မိာ်ပာ်တဖှ်မုာ်ဝဲကွဲအပုာ်မသကိးတံလါအဝဲသ့အဖိအတံကူာ်ဘုာ်ကူာ်သ့န့လီ. ဒ်ပုာ်မသကိးတံလါအဂ့တဖှ်အသိး, အဝဲသ့ကဘုာ်ဒုးသ့ညါအဝဲသ့တဂါစုာ်စုာ်ဘုာ်ဖး ကွဲအတံပညိာ်ဒီးအတီပတီတဖှ်န့လီ.

ကဒိသဒါ မ့တမ့ာ် ကဟံသ့ဟံသးဖဲပုာ်ကွဲဖိအိာ်တီလါတံမလိလံလံအဂီ. မိာ်ပာ်သ့တဖှ်ကြး -

၁. **ညီနီထီာ်ဒီးကီရုာ်ဟီာ်ကဝီဒီးကွဲအတံမလိလံလံအပတီတဖှ်** - ဝဲတံမလိကွဲအိာ်ထံးတနံန့, ယုနဖိအသရဲာ်တဖှ်လါနကမန့တံသိာ်လိအလံအလံတဖှ်လါလံတဘုာ်စုာ်စုာ်လါတံသိာ်လိအီလါနံဝဲန့အဂီလီ.

၂. **အံးကွဲပာ်ဆုာ်နဖိအတံလဲထီာ်လဲထီထီဘိတက့.** ဝဲတံမလိန့အပူ, နဖိတဖှ်ကဘုာ်မလဲထီာ်လဲထီအသးလါကမလါပဲာ်ဘုာ်တံပညိာ်လါတံဟံလီအီတဖှ်လီ. ကွဲဖိတဖှ်မုာ်တလဲထီာ်လဲထီဘိန့, မတံသ့မုာ်န့ဖးမုာ်သီလါကထံာ်လိာ်သးဒီးကွဲသရဲာ်လါကထဲကိးဘုာ်ဖးတံဂံလါအကဲထီာ်အသးသ့တဖှ်န့တက့. လဲဟးကွဲနဖိအတီဒီးခဲအံခဲအံလါနကယုသ့ညါနဖိအတံလဲထီာ်လဲထီန့တက့.

၃. **ဟ့ာ်တံဆီာ်ထွဲမစါလါအလိာ်ဘုာ်ဝဲတဖှ်** - အရဲဒိာ်လါမိာ်ပာ်တဖှ်ကလူပိာ်မထွဲကွဲသရဲာ်တဖှ်အတံဟ့ာ်ကူာ်လါတံသ့ဟံသးလါအပူလါ ကမစါအဖိတဖှ်လါကလဲခိဖျိဝဲတံကီတံခဲလါအအိာ်လါအတံမလိမဒီးအပူတမံလံလံန့လီ. တံဟ့ာ်ကူာ်တနီဘုာ်သ့ညါကမုာ်ဝဲတံဟံပနီန့အဝဲသ့အတံဆါကတီလါအကွဲတံဂီမု, တံလဲဆုတံဖးလံဒီးထီဘိ, မနဖိတဖှ်လါကဖးသိာ်လံဒိာ်ဒိာ်ကိးနံဒီး မ့တမ့ာ် မအဖးဝံဖးက့တံဂံအါအမိာ်ပာ်တဖှ်, အဂါတဖှ်န့တက့.



၄. **ဟံလီသးကျါမူဆု** - ဝဲကွဲဖိတဖှ်အိာ်တီလါတံလီခံန့, အရဲဒိာ်လါတံတဘုာ်ဟ့ာ်ယုာ်အသးဘုာ်န့လီ. ဖိသံအသးသဟီာ်ကလီ, ကွဲသရဲာ်အသးသဟီာ်ကလီ, ဘုာ်ဆုာ်န့မုာ်ထဲဒ်ပုာ်တဂါလါအတံစါလီအဂံအဘိတသ့ဘုာ်န့လီ. ဆဲးဟ့ာ်ဂံဟ့ာ်ဘိနဖိတဖှ်လါကတုာ်လီဆုအတီပတီဖဲအဝဲသ့ကြးအိာ်ဝဲအတီပတီဝဲန့အခါန့တက့.

၅. **မုာ်လိာ်န့ယုပုာ်သ့ပုာ်ဘုာ်တဖှ်အတံမစါန့တက့.** တဘျီတခိာ်တံလိာ်ဘုာ်လါမိာ်ပာ်တဖှ်ကယုန့ပုာ်သ့ပုာ်ဘုာ်တဖှ်အတံမစါဒ်အမ့ာ်, ကသံာ်သရဲာ်လါအကွဲထွဲတံလါသ့ဂံဝီသးဂံဝီ, ပုာ်ဟ့ာ်ကူာ်တံ မ့တမ့ာ် သရဲာ်သိာ်လိတံတဖှ်လါကမစါကွဲဖိလါအအိာ်လီတံလါလီခံလါကွဲတဖှ်န့လီ. နန့လီမစါတံဒ်ချ့, နမစါနဖိလါကဟဲက့ကဒါက့လါကမလိက့တံလါအချ့န့လီ.

တၢ်ပနီၣ်တဖၣ်လၢကိၣ်ဖိတဖၣ်ဟံၣ်ဖျါထီၣ်ဖဲအအိၣ်တၢ်လၢတၢ်မၤလိအပူၤအခါ

ဒ်သိးပကသ့ၣ်ညါလၢကိၣ်ဖိတဖၣ်အိၣ်တၢ်လၢတၢ်လိၤခံလၢကိၣ်အဂီၢ်န့ၣ်, တလိၣ်ပကသရၣ်တဖၣ်ဘၣ်န့ၣ်လီၤ. တၢ်ပနီၣ်တနီၤလၢပထံၣ်အီၤန့ၣ်မ့ၢ်ဒ်လၢလၢတဖၣ်န့ၣ်လီၤ.

- **တၢ်တသးစဲလၢကိၣ်ဒီးကိၣ်အဟံၣ်တၢ်မၤတဖၣ်** - မိၢ်ပၢ်တနီၤကထံၣ်ကမၣ်တၢ်ပနီၣ်အံၤလၢ “တၢ်ကၢၣ်သံကျူသံ” န့ၣ်လီၤ. အဝဲသ့ၣ်ကနူးကန့ၣ်ဝဲလၢအဖိတဖၣ်ကၢၣ်ဘၣ်ဆၣ်တသ့ၣ်ညါဝဲတၢ်ဂ့ၢ်လၢဘၣ်တၢ်သိၣ်လိအီၤလၢကိၣ်သရၣ်တဖၣ်ဒီးဘၣ်သးတဲဝဲလၢအဝဲသ့ၣ်တသးစဲလၢကိၣ်ဘၣ်တခီန့ၣ်လီၤ.
- **တၢ်ကီၢ်တဲလၢတၢ်မၤဟံၣ်တၢ်မၤ** - ဖိသ့ၣ်တဂၤလၢစူးကါတၢ်ဆၢကတီၢ်အါမးလၢကဂ့ၢ်ကျဲးစးန့ၢ်ပၢ်ဟံၣ်တၢ်မၤဒီးအကတၢ်တမၤဝဲဘၣ်, မ့တမ့ၢ် အိၣ်တၢ်လၢတၢ်လိၤခံန့ၣ်လီၤ. ကိၣ်ဖိတနီၤနီၤစးထီၣ်လိအမိၢ်အပၢ်ခိဖျိတၢ်တဲဘၣ်အဝဲသ့ၣ်လၢတၢ်တဟ့ၣ်လီၤအဝဲသ့ၣ်ဟံၣ်တၢ်မၤသိးကဟးဆူးတၢ်သးဘၣ်တံၢ်တၢ်လၢတၢ်ဘၣ်ဂ့ၢ်ကျဲးစးမၤဟံၣ်တၢ်မၤန့ၣ်လီၤ.
- **တၢ်တပၣ်ဃုာ်လၢကိၣ်အတၢ်ဟူးတၢ်ဂဲၤ** - မ့ၢ်တၢ်အိၣ်သးလၢအကဲထီၣ်ညီၣ်န့ၢ်ဖဲကိၣ်ဖိလၢအအိၣ်တၢ်လၢတၢ်လိၤခံတဖၣ်လၢတဟံၣ်ဖျါထီၣ်တၢ်သးစဲနီၣ်တစဲးလၢကပၣ်ဃုာ်မၤသကိးတၢ်လၢကိၣ်တၢ်မၤလိအတၢ်ဟူးတၢ်ဂဲၤဖဲအဝဲအတၢ်အိၣ်သးတဖၣ်ကကဲထီၣ်အတၢ်အုၣ်ကိၤသးဘၣ်န့ၣ်လီၤ.
- **တထီၣ်ကိၣ်ခဲအံၤခဲအံၤ**- ညီၣ်န့ၢ်ကိၣ်ဖိလၢအဘၣ်ဂ့ၢ်ကျဲးစးမၤတၢ်လၢတၢ်ပူၤတဖၣ်န့ၣ် ညီၣ်န့ၢ်တထီၣ်ကိၣ်ဘၣ်န့ၣ်လီၤ. တၢ်အံၤကဲထီၣ်လိၤဆိဒ်တၢ်ဒီးကိၣ်ဖိလၢအအိၣ်တဖၣ်လၢအဒူးအိၣ်ထီၣ်တၢ်ဂ့ၢ်သ့အကလုာ်ကလုာ်ဒ်သိးအမိၢ်အပၢ်တဖၣ်တသ့ၣ်ညါဘၣ်အဂီၢ်န့ၣ်လီၤ.

မ့ၢ်နသ့ၣ်ညါလၢ....

- ပုၤကိၣ်ဖိလၢအအိၣ်လၢလွံၢ်တၢ်မုၢ်ကယၤအါဂၤန့ၣ်အိၣ်တၢ်လၢတၢ်ဖးလိၢ်အပတီၢ်အလီၢ်ခံန့ၣ်ခါ.
- နံၣ်လၢအလီၤဘၣ်ယိၣ်ကဲထီၣ်တၢ်ကမၤကွၢ်လၢနဖိတဖၣ်ကမၤတၢ်ဂ့ၢ်လၢအတၢ်မၤလိအပူၤန့ၣ်မ့ၢ်ဝဲ နံၣ်လၢအိၣ်ဖျဲၣ်ထီၣ်ဒီး သၢတီၤအဘၣ်စၢၤန့ၣ်ခါ.
- ဖိသ့ၣ်လၢအိၣ်ဒီးအမိၢ်အပၢ်လၢအလဲၤဟးဆူအကိၣ်ထီၣ်တဖၣ်န့ၣ် မ့ၢ်ဖိသ့ၣ်လၢအမၤလိတၢ်အဂ့ၢ်ကတၢ်တဖၣ်န့ၣ်ခါ.



ကိၣ်ဖိတဖၣ်အဲၣ်ဒီးအိၣ်ဒီးတၢ်မၤနၢၤလၢအတၢ်မၤလိလၢကိၣ်ပူၤလီၤ.

တၢ်ဆိကမိၣ်တဖၣ်အံၤပကဍုးအိၣ်ထီၣ်အိၣ်လၢတၢ်မၤဒ်လဲၣ်.

ဒ်သိးနကဒီသဒးနဖိတဖၣ်လၢသုတအိၣ်တၢ်လၢတၢ်လီၤလၢတၢ်မၤလိမၤဒီးအပူၤအဂီၢ်နကြး...

- နကြးသ့ၣ်ညါတၢ်ဟံၣ်လီၤတၢ်အတီၤပတီၢ်မနုၤတဖၣ်အိၣ်လၢနဖိအတီၤပတီၢ်အဂီၢ်န့ၣ်လီၤ.
- မၤတၢ်သ့ၣ်မုၢ်နံၤဖးသိးဒီးကိၣ်ဖိတဖၣ်တက့ၢ်. ဖဲတၢ်ထံၣ်လိာ်အိၣ်ဖှိၣ်သကိးအခါ, မၤန့ၢ်တၢ်ကတီၤဂ့ၢ်ပုၤဒီးကိၣ်ဖိတဖၣ်လီၤတၢ်လီၤဆဲးလၢတၢ်မၤလိနံၤအံၤအတီၢ်ပူၤတက့ၢ်. ကိၣ်သရၣ်တဖၣ်မ့ၢ်တဟ့ၣ်နၢတၢ်ကွၢ်စိတဖၣ်အံၤအလံာ်ကွဲးဒိဘၣ်န့ၣ်, လဲၤယုၤန့ၢ်လၢကိၣ်အဝဲၤဒး မ့တမ့ၢ် ကိၣ်အဟီၣ်ကဝီၤအဝဲၤဒးန့ၣ်တက့ၢ်.
- ဆ့ၣ်နီၤသကိးဒီးနဖိခွါဖဲအဝဲၤမၤအဟံၣ်တၢ်မၤအခါဒီးကွၢ်အဝဲၤအတၢ်ဟံၣ်သ့ၣ်ဟံၣ်သးတဖၣ်တက့ၢ်. မ့ၢ်အဝဲၤအသးဝဲဝဲကစီၤဒီခါ. မ့ၢ်အဝဲၤသ့ၣ်ညါတၢ်ဂ့ၢ်တၢ်ကျိၤကစီၤဒီခါ. မ့ၢ်အဝဲၤအသ့ၣ်လီၤဘျါသးလီၤတီၤ မ့တမ့ၢ် အသးဒံၣ်ဒီဝီခါ. တၢ်အံၤမ့ၢ်အညီတလၢ မ့တမ့ၢ် ကိတလၢလၢအတီၤပတီၢ်အဂီၢ်န့ၣ်ခါ.
- လဲၤပးနဖိအတီၤဒးဖဲကိၣ်အဆၢကတီၢ်အခါန့ၣ်တက့ၢ်. ယုၤအခွဲးလၢကလဲၤကွၢ်စ့ၣ်တၢ် မ့တမ့ၢ် ဟ့ၣ်လီၤသးမၤစၢၤသရၣ်မုၢ်တန့ၣ်ရံၣ်ခဲန့ၣ်ရံၣ်န့ၣ်တက့ၢ်. ဒီဖျိလၢနမၤတၢ်အံၤအယိ, နကသမံၤသမိးဒီးထံၣ်ဘၣ်နဖိအိၣ်လၢအတီၤပတီၢ်ထဲလဲၣ်, ဖဲနထီၣ်သတြီၤဒီးပုၤအဂၤလၢအအိၣ်လၢတီၤပူၤတဖၣ်အခါန့ၣ်လီၤ.
- နဖိမ့ၢ်လိာ်ဘၣ်တၢ်မၤစၢၤန့ၣ်, စူးကါတၢ်အိၣ်ယၢၤလၢကိၣ်ဟ့ၣ်ဟံၣ်တဖၣ် မ့တမ့ၢ် သံကွၢ်မ့ၢ်နစူးကါတၢ်ဟ့ၣ်မၤစၢၤတဖၣ်အံၤလၢကိၣ်အချၢမနုၤတဖၣ်သ့လဲၣ်. ကိၣ်အါဖျါဟ့ၣ်ဝဲတၢ်သိၣ်လိလီၤဆီလၢဖိသ့ၣ်လၢအိၣ်ဒီးတၢ်ကီတၢ်ခဲလၢလံာ်တဖၣ်အပူၤန့ၣ်လီၤ. လဲၤကွၢ်တၢ်သိၣ်လိအကိၣ်တဖၣ်လၢနကကွၢ်အဝဲၤသ့ၣ်အတၢ်ဆီလီၤသးဒီးအတၢ်တုၤလီၤအိၣ်ထဲလဲၣ်န့ၣ်တက့ၢ်.
- ရဲၣ်ကျဲၤန့ၢ်တလၢတဘျီတၢ်ထံၣ်လိာ်အိၣ်သကိးဒီးနဖိအသရၣ်လၢ တၢ်ကွၢ်ကဒါက့ၤ အဝဲပိာ်ခွါ/ပိာ်မုၢ်အတၢ်လဲၤထီၣ်လဲၤထီတက့ၢ်. ဒီဖျိကိၣ်သရၣ်အတၢ်မၤစၢၤ, ကတဲာ်ကတီၤန့ၢ်တၢ်မၤရဲၣ်ကျဲၤလၢနကသ့ၣ်ညါလၢနမၤစၢၤနဖိကသ့ၣ်လဲၣ်န့ၣ်တက့ၢ်. တဘၣ်လဲၤကဟံၣ်တလၢတဘျီတၢ်အိၣ်ဖှိၣ်တဖၣ်န့ၣ်တဂ့ၤ.

သ့ၣ်နီၣ်ထီၣ်လၢ....

“ဂ့ၤဒိၣ်လၢနကတဲာ်ကတီၤနသးဒိၣ်န့ၢ်ဒီးနသးဘၣ်ဒိၣ်လၢနတမၤဘၣ်တၢ်အယိလီၤ....”

ဒ်နစးထီၣ်ကွၢ်ထွဲပၤဆုၤနဖိအတၢ်မၤလိဒီးဆိ,

တၢ်ကီတၢ်ခဲကဒီးစ့ၤလၢအဝဲၤသ့ၣ်အတၢ်အိၣ်မူခါဆူညါန့ၣ်လီၤ.!

Materials based on the Parent Institute for Quality Education Program in California

PARENT AND TEACHER MEETING

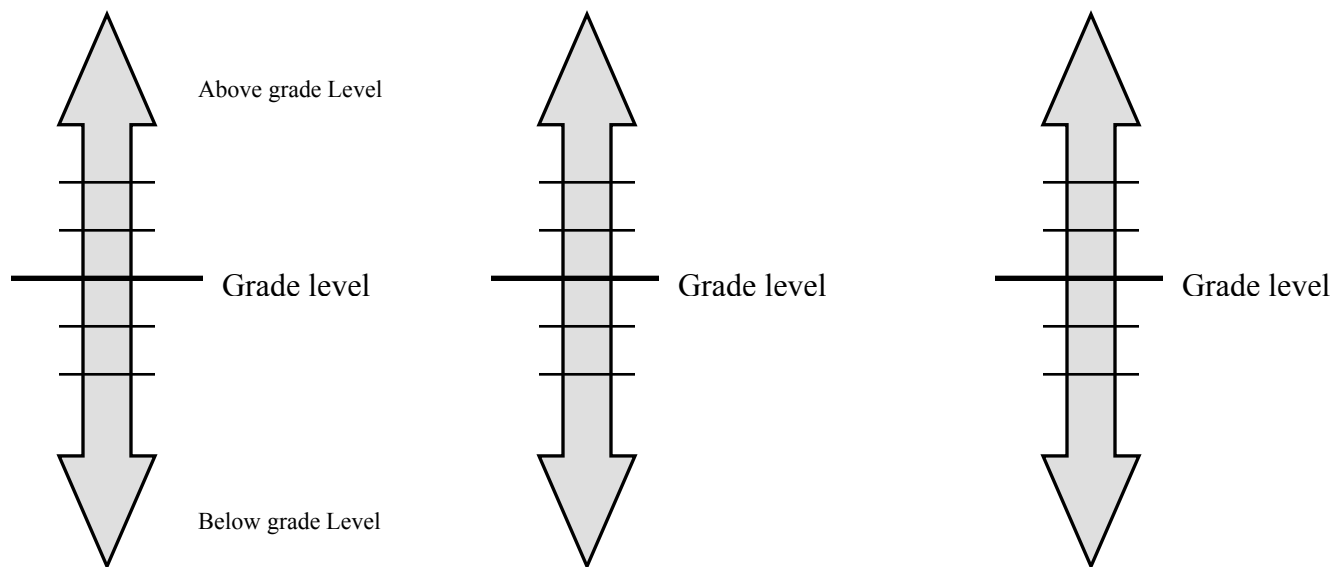
Name of Student _____ Grade _____

Name of School _____ Month _____

Math

Reading

Writing



Parent and Teacher Plan

Parent will: _____

Teacher will: _____

Student will: _____

Date of Next Meeting: _____

HELP YOUR CHILD TO SUCCEED AT SCHOOL



- ❑ Talk with your son/daughter about him/her going to college as an **expectation**, not just a desire or dream
- ❑ Ask your child's teacher for the academic standards of your child's grade.
- ❑ Help your child get to the **library** at least once a month.
- ❑ Talk with your child's teacher about their **academic progress** regularly. If your child is falling behind, ask the teacher what you can do as a parent at home to improve your child's performance.
- ❑ Find out about school programs that can help your child improve his/her chances to go to college. When possible, **ENROLL** your child in such programs.
- ❑ Limit / Monitor television.
- ❑ Review your child's CUM FILE. Find out your child's reading and math level.
- ❑ Visit your child's teacher at least once a month.
- ❑ Talk to your child's teacher about your expectations that your child **will go to college**.
- ❑ Listen to your child read every day, at least for 30 minutes.